

The new book on health you need on your shelf

ABUNDANTLY WELL

Category: Body, Mind & Spirit / Self-Help

Title: Abundantly Well - Seven Medicines

Subtitle: The Complementary Integrated
Medicine Revolution

Author name: Susun S. Weed

Bio: Grandmother of the Herbal Renaissance

Foreword by: Patch Adams, M.D.

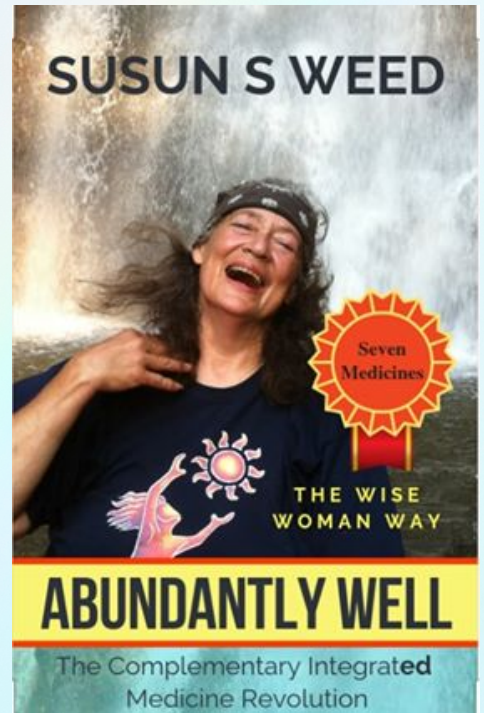
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Brief description: Seven medicines encompass all options for optimum health the Wise Woman Way, from serenity medicine to pharmaceutical medicine. Fully indexed, profusely illustrated, includes recipes.

Why it is distinctive: The eagerly awaited sixth book in the best-selling Wise Woman Herbal Series fully integrates modern medicine with a wide range of scientifically proven alternatives.

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